

Dietitian/Nutritionists PAC Meeting
Wednesday, June 15, 2005
1400 to 1600 HRS, EST
Surgeon General's Conference Room
18th Floor, Parklawn Building, Rockville, Maryland

MINUTES

Call To Order: *CDR Jean Makie*

Introductions:

SG Conference Room Participants:

CAPT Shirley Blakely, CPO
CAPT Janice Huy, CPO-elect
CDR Jean Makie, PAC Chair (member)
LCDR Pamela Vodicka
LT Heather Dimeris
Leila Beker

Phone Participants:

CDR Claire Banks
CDR Julie Haws
CDR Ann Staten
CDR Vangie Tate (member)

Phone Participants (continued):

CDR Kristen Warwar (member)
LCDR Janis Armendariz (member)
LCDR Suzan Dunaway
LCDR Jean Kelahan
LCDR Samantha Maloney (member)
LCDR Kristen Moe (member)
LCDR Susan Warren
LT Amy Beutler (member)
LT Carma Pauli
LT Christopher Dunbar (member)
LT Sandra Magera

COA Meeting Review: *CDR Jean Makie*

Special thanks again to all of our invited speakers and moderators (see below). Their presentations were extremely informative and well-accepted by the audience of 25-30 individuals.

Moderators: Jean Makie, M.S., R.D., CDR USPHS
 Shirley Turpin, MPA, R.D., CDR USPHS

Welcome/Introduction: Shirley Blakely, Ph.D., R.D.
 CAPT USPHS, Chief Dietitian Officer

The D/N-PAC presented CAPT Blakely with a plaque and gift certificate to recognize her dedication and leadership as Chief Dietitian Officer from September 2000- June 2005

Energy Metabolism and Nutritional Support in a Clinical Research Setting

Sara Bergerson, M.S., C.N.S.D., R.D.
CDR USPHS
Clinical Research Dietitian

National Institutes of Health, Nutrition Department

Pediatric Nutritional Assessment

Samantha Maloney, R.D., C.S.P, C.N.S.D., L.D,
LCDR USPHS
Manager, Medical Nutrition Therapy
Alaska Native Medical Center

National Children's Study and Nutritional Assessment

Mary Frances Picciano, Ph.D., R.D.
Senior Nutrition Research Scientist
Office of Dietary Supplements
National Institutes of Health

Impacting the Health of Older Women: The WISEWOMAN Program Makes a Difference

Charlene Sanders, M.P.H., R.D.
CDR USPHS
Sr. Program Management Officer
CDC/Division of Nutrition and Physical Activity

The New Food Guide Pyramid and 2005 Dietary Guidelines for Americans

Mary H. Hager, PhD, RD, FADA
American Dietetic Association

Professional Luncheon: The Role of a Registered Dietitian in Emergency Operations

Alexandra Cossi, R.D., MPH
LCDR, USPHS

Presentation of Awards: CAPT Shirley A. Blakely also recognized the CAPT Laura McNally and LT Sandra Magera, as recipients of the USPHS "Dietitian of the Year" and the "Emerging Dietitian of the Year" Awards, respectively. VADM Richard Carmona and ADM Beato, Assistant Secretary for Health made a brief visit during the luncheon. Surgeon General Carmon presented CAPT Blakely with the Surgeon General's Exemplary Service Award Medal.

What US Consumers Know About Nutrition -- FDA Health and Diet Survey

Conrad Choinere, Ph.D.
Economist, Office of Scientific Support and Analysis, FDA/Center
for Food Safety and Applied Nutrition
Office Scientific Support and Analysis

Consumer Food Safety Knowledge, Attitudes, and Behaviors -- Results from the FDA Food Safety Survey

Amy Lando, MPP
Consumer Science Specialist
FDA/Center for Food Safety and Applied Nutrition
Office of Scientific Analysis and Support

International Food Safety and Security Activities of the U.S. Food and Drug Administration

Camille Brewer M.S., R.D.
Associate Director
FDA/Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling & DS

The Obesity Epidemic: The Realities versus the Expectations

Van S. Hubbard, M.D., Ph.D.
CAPT, USPHS
Director, NIH Division of Nutrition Research Coordination
National Institutes of Health
Department of Health and Human Services

CAPT Huy notes that CAPT Hubbard has multiple copies of the U.S. Dietary Guidelines; available to give out in bulk at presentations. He also extends the opportunity to speak again on the subject of obesity. His PowerPoint presentation will be available along with the entire annual meeting presentations; if used in its entirety or otherwise, it is asked that the officer acknowledge CAPT Hubbard as the source of the information extracted for the individual use.

Thinking Outside the Box: CCRF Deployment Opportunities for Dietitians in the USPHS Commissioned Corps

Juli M.Haws, R.D.
CDR USPHS
Alaska Native Medical Center

Amy Beutler, R.D.
LT USPHS
IHS Community Nutritionist
Pine Ridge Indian Hospital

Many of the Dietitians attended the HSO-sponsored river cruise and enjoyed mingling, dining and dancing with officers and friends across many categories.

All speakers were presented with letters of appreciation from our CPO, as well as with a USPHS coin and a COA pin.

BMI/Osteoporosis Booth

Once again, the Therapist and Dietitian Categories joined together to provide BMI screening, and health related information. This year, osteoporosis screenings and health related information was added. The D/N-PAC extends a special thank you to CAPT Maureen Leser, who provided many informative health education materials.

Scholarship Fund Raffle

The D/N-PAC sponsored a “Fit for Duty...Fit for Life” raffle. Proceeds support the D/N-PAC Scholarship Fund, founded to provide educational and training opportunities to dietitian officers in the U.S. Public Health Service. Grand Prize: Gourmet Foods Basket; Other individual prizes included: **“365 Day of Healthy Eating”**, which contains practical hints, tips and strategies - one for each day of the year - for keeping healthy eating and regular exercise at the top of your daily agenda; Workout T Shirt (2); Pedometer (2); Bath Products (1 gift set); Tote bags (beach and courier style), umbrella (3); and \$20.00 Gift Certificate to Elizabeth Arden Spa & Salon (2). Charitable products donations generously provided by members of the D/N-PAC, Geico, and Secrets of Beauty Hair & Nail Salon (Rockville, MD). The raffle generated \$398.00, which will be deposited into the D/N-PAC Scholarship Fund.

The D/N-PAC recognizes and appreciates the following officers for their participation in staffing the BMI/Osteoporosis Booth: CAPT Jan Huy, CAPT Sandra Farley; CDR Juli Haws, CDR Jean Makie, LCDR Samantha Maloney, LT Amy Beutler, and LT Heather Dimeris.

COA Registration Booth

The D/N-PAC also recognizes and appreciates the following officers for their participation in assisting the COA planners with staffing the Registration Booth: CDR Juli Haws, LCDR Pamela Vodicka, LCDR Samantha Maloney.

For representing and supporting D/N-PAC activities all these volunteers will receive a letter of appreciation from the D/N-PAC Chair and CPO.

Subcommittee Reports:

CCRF: LT Chris Dunbar

- ✓ As of May, 72% of Dietitian Category has met Basic Readiness Standards; OFRD to update this statistic at the end of the week
- ✓ Notes that there is a number of officers who are choose not to attain readiness due to personal reasons (i.e., retirement)...senior officers are asked to set an example to the younger officers for this responsibility/achievement
- ✓ October 1, 2005, is the goal date to meet the minimum total-Corps readiness requirement of 70% set forth by the Office of Management and Budget 2 years ago (last reported: 64.6% as of April 21)
- ✓ All are requested to send in ANY concern regarding the processing of achieving readiness
- ✓ Focus of subcommittee is to now look at maintaining readiness status; any comments on current focus is welcomed

Note: CAPT Blakely adds that any officer eligible for a medical waiver (if this is the case for not achieving readiness) should submit a request; waivers granted eliminate the lack of readiness from being held against the officer (and category).

Mentoring: LCDR Susan Warren

- ✓ Official roster has been developed
- ✓ Mentee follow-ups now in progress; 50% complete
- ✓ New officers are being contacted
- ✓ Official mentor/mentee letters to be sent electronically
- ✓ Future plans include:
 - 1) conference call with new sub-committee members (CDR Makie, CDR Shaw, & LCDR Maloney)
 - 2) work on evaluations for training & development

Professional Development: LCDR Kristen Moe

- ✓ Guidance for career development will soon be available on D/N PAC webpage
- ✓ Note to senior officers...the career development guidance does include a retirement checklist

CDR Makie thanked LCDR Moe for the arrangement, including teleconferencing and audio connection, of the recent Professional Development workshop “Envisioning Your Future.” The workshop began with an individualized self assessment - also addressing life skills beyond work; such as, goal setting and simplifying your life. As a result of attending the workshop, participants were able to:

- Understand how to envision their future in 10 specific areas
- Assess their current areas of importance and planning
- Clarify the area(s) needing improvement in their individual lives
- Create action plans based on the 10 methods for Envisioning Your Future.

CDR Makie suggested that the subcommittee consider CAPT Hubbard’s offer for future professional development opportunities.

Wellness: CAPT Shirley Blakely

- ✓ The D/N-PAC launched its first **FIT FOR DUTY....FIT FOR LIFE!** article in the CC Bulletin in April, 2005; the topic provided general weight management tips. The Bulletin underwent major changes recently, including a new E-Bulletin. A second article was submitted on June 3 to discuss and encourage portion control with food selections. The next topic will be on osteoporosis, which is also a health initiative of Surgeon General Carmona. A series of three consecutive articles on managing osteoporosis will be submitted to the E-Bulletin. Members of the Wellness subcommittee will continue to identify relevant and current topics to publish articles on. All D/N-PAC members are welcomed and encouraged to submit article for consideration through the Wellness subcommittee.
- ✓ Officers interested in joining the Wellness subcommittee are to contact CAPT Blakely and/or CDR Makie
- ✓ Current activities include the Weight Loss Consortium of all uniformed services headed by CAPT Blakely; meeting planned November 1 – 4, 2005.

CPO Report:

CAPT Shirley Blakely

- ✓ Commended officers on a successful COA category meeting and reiterated appreciation for the plaque and gift certificate presented during the Category Day luncheon.
- ✓ Noted promotion rates have been published; Voiced encouragement with the current percentages (100% for 02 to 03, 80% for 03 to 04, 40% for 04 to 05, 25% for 05 to 06). CAPT Canton, at OCCO, is requesting that all calls inquiring promotion results be held until after July 1, 2005 when official posting of promotion results is expected.
- ✓ CAPT Blakely introduced the new Chief Dietitian Officer, effective June 1, 2005: CAPT Janice Huy. CAPT Huy has been actively involved in the D/N-PAC and category. She remains instrumental in the maintenance of the D/N PAC Listserv. Prior to developing the Listserv, she initiated the D/N PAC webpage which is now under the guidance of CDR Turpin. CAPT Jan Huy R.D., M.S., L.D. is currently the Deputy Director at NIOSH's Office of Research and Technology Transfer, located in Cincinnati, OH.

CAPT Jan Huy

- ✓ Shared her vision for her CPO tenure; development of this vision will be forged from discussions she plans to hold with dietitians officers at all agencies. Of interest are issues of concern related to our category, including career issues. Discussions to take place with both senior leadership (05 & 06) and junior officers (04 and below) to identify concerns and issues of interest. CAPT Huy recognized the presence of strong leadership in the junior officers and noted that this will help in developing the vision for the coming years.

Old Business:

D/N- PAC Roster (CDR Makie)

- ✓ Final roster to be submitted for website posting
- ✓ LT Pauli notes that plan for update to take place every 6 months; update to take place at the end of summer (July, August); will solicit for updated information at that time

Subcommittees' Membership Roster (CDR Makie)

- ✓ Roster being developed to identify subcommittee chair and members.
- ✓ Reminder to all D/N PAC members that they MUST be a member of at least one subcommittee.
- ✓ A current listing of subcommittee membership, as of June 22, 2005 is attached to end of minutes as an addendum.

D/N PAC Charter (CDR Makie)

- ✓ Revisions are ongoing...final edits to be sent to SG for signature; plan is to have new charter signed every five years (last charter signed in 2000).
- ✓ Reminder to all D/N PAC members: The charter states that any member of the D/N-PAC who frequently misses meeting without just cause can, at the discretion of the D/N-PAC, may be asked to voluntarily resign from the D/N-PAC or the D/N-PAC can initiate a request to the Surgeon General to terminate said membership and so inform the Agency Head.

New Business:

Deployment article (*CDR Makie*)

- ✓ An article summarizing the recent deployments within our category was submitted on May 18, 2005 to the CC Bulletin through an initiative to highlight deployment efforts from all categories. The Office of the Surgeon General and the Reserved Officers Association issued a request for articles to the CPOs. The article is entitled Dietitians with the U.S. Public Health Service: Emergency Response -- Opportunities and Outcomes! Release date is not known at this time.
- ✓ Additional publication options include submitting article to ADA Times (a similar article was submitted as a follow-up article to the November '04 article in Dietitian Today was submitted, but not accepted for publication at this time.)

Dietitian/USPHS Coin (*CAPT Shirley Blakely*)

- ✓ Request made of category to consider a category coin. Benefits will include added recognition to the category (as a token of support to SG and other officials); it can also raise additional funds for the scholarship (with sale of the coin). Officers asked to consider a design for the coin.

Agency D/N Working Groups (*CDR Makie*)

- ✓ Raised for discussion is the development of Agency workgroups. Recognized as an opportunity to foster camaraderie (amongst PHS and civil services dietitians), a mechanism for recruitment, and lend to professional development.
- ✓ A vote was taken and the majority agreed to the formation of an 'Agency Work Group Subcommittee' which will include one representative from each agency. CAPT Huy and CDR Makie will coordinate the planning for future initial discussions.
- ✓ Leila Beker requested that an officer-civilian pairing be considered and this was accepted by the majority and will be dependent on interest from civilian service dietitians.

Agency Reports:

FDA

- ✓ Obesity Lecture series continues:
 - Popular Weight Loss Diets, Eileen Kennedy, Former Undersecretary, USDA; June 16, 1 – 2:30 PM, Wiley Bldg, Rm 1A003
 - Undercover Calories: Why we eat more than we think, Brian Wansink, University of Illinois; June 30, 10 – 11:30 AM, Wiley Bldg, Rm 1A003
- ✓ Food Safety & Applied Nutrition receiving many requests to have 'net carbs' defined on labels

- ✓ Recent consumer survey finds consumers have some knowledge about the health risks of Trans & Sat fats and the health benefits of Mono & Poly fats; also, they could not delineate between complex and sugar alcohols.

USDA

- ✓ LT Pauli notes that 22 officers hold the position of Consume Safety Officer...she being the only dietitian. Those interested can search foodsafetyjobs.gov using Job Code 0696.

Announcements:

- ✓ Information concerning 2006 awards nominations for Dietitian of the Year and Emerging Dietitian Leader will be distributed in early July.
- ✓ Next meeting: August 18, 2005 from 1400-1660

Note: Please forward new email addresses to CAPT Jan Huy (HHS-jmh4@CDC.GOV) to receive current listserv announcements.

SUBCOMMITTEE MEMBERSHIP (as of June 22, 2005)						
SUBCOMMITTEE	CHAIR	MEMBER	MEMBER	MEMBER	MEMBER	MEMBER
OFRD/Readiness	Dunbar, Chris, RD, LT, USPHS	Kristen Moe	Janis Armendariz	Rebecca Grizzle	Suzan Dunaway	Karen Herbelin
		Jo Holland	Charlene Johnson	Susan Jordan	Maureen Leser	Vangie Tate
		Peggy Barrow				
Professional Development	Moe, Kristen, MA, RD LCDR,USPHS	Alexandra Cossi	Pam Vodicka	Celia Hayes	Suzan Dunaway	Madeline Michael
Mentoring	Susan Warren, RD, LCDR, USPHS	Samantha Maloney	Carol Treat	Jean Makie		
Associate Recruiting Program	Hayes, Celia, MPH, RD, CDR, USPHS	LCDR Graydon Yatabe	Kirsten Warwar	Susan Jones	Juli Haws	
Website	Turpin, Shirley, MPA, RD, CDR, USPHS	Maureen Leser	Silvia Benincaso	Suzan Dunaway		
Wellness	Shirley Blakely, PhD, RD, CAPT, USPHS	Maureen Leser	Jean Makie	Kirsten Warwar	Janis Armendariz	Greg Mahrt
		Amy Beutler				